



PURIFYING WATER

You should always boil any water you find to kill any pathogens that could make you sick. If you are stuck with a plastic or wood container that cannot be heated to boiling, you can still kill the pathogens in the water by pasteurizing it. Heat the water to 65 C for about 20 minutes and it should be safe to drink.

Almost any water can be sterilized and made drinkable by filtering and boiling it. You can also get store bought iodine tablets that will sterilize water without requiring heating.

Another way to disinfect water is to simply let the sun kill the bacteria and pathogens with its ultraviolet rays. To do this you need a relatively thin layer of mostly clear water, no more than 12cm deep, and let it sit in direct sunlight for a minimum of 6 hours.

Bushcraft Water Filter:



You will need a plastic container. Cut off the bottom and add the parts required. Pour dirty water into the top of the filter. Always boil the water after filtering just to be on the safe side.